

Comic Script - November Skies

Panel 1:

WIDE SHOT - University campus cafe in late November. Gray sky, fall leaves that scatter across the path. Students walk by, bundled in coats and scarves.

CAPTION - November- the days are shorter, the nights colder, and everything feels heavier

Panel 2:

CLOSE UP - A student in her early years of university, staring at her laptop in a cafe. Her eyes are heavy with dark circles painted underneath her eyes, her hair is a mess.

CAPTION - Finals season always comes at the worst time of the year.

Panel 3-4:

2 SHOTS - Panel split into 2; A list of assignments covers her screen: "Group Project - Due Dec 1", "Presentations - Due Dec 6", "Final Exam - Dec 10". The student slams her laptop shut.

Panel 5:

MEDIUM SHOT - The student shivers on the way back to her dorm room.

Panel 6:

MEDIUM SHOT - The wind blows against the student as she clutches onto her scarf. Students in groups pass by her, chatting and laughing. Their voices flood her brain.

Panel 7:

MEDIUM SHOT - Dorm door opens. She drops her bag onto the ground and immediately heads towards the bed.

Panel 8:

CLOSE UP - Panel split into 2; Student flops down onto her unmade bed, surrounded by scattered her thoughts. She takes out her phone.

THOUGHT BUBBLE - I can't do this

Panel 9:

CLOSE-UP LONGER PANEL - She holds her phone above her, scrolling through photos of her friends smiling and enjoying the holiday vibes around them.

THOUGHT BUBBLE - Why does everyone else seem okay?

Panel 10:

MEDIUM SHOT - Student lies in her messy bed, on her phone with the light beaming on her face.

She's been scrolling mindlessly through social media all night. A notification pops up from her device "Mental Health Pop Up Tomorrow!".

THOUGHT BUBBLE - Maybe...

Panel 11:

CLOSE-UP - The student's dark eyes grow heavier and heavier by the second, until she finally falls asleep for the night.

ACTION TEXT - Zzz

Panel 12:

MEDIUM SHOT - The door of the counselling room awaits the student

CAPTION - The following day...

Panel 13:

MEDIUM SHOT - When the student sits down, the counsellor greets her. She welcomes her in and begins her session.

SPEECH BUBBLE - Let's figure this out together. You're not alone.

Panels 14:

MEDIUM SHOT - As the counsellor speaks, the split panel shows different small steps the student takes to do better

ONE - "Small steps always feel less overwhelming."

ACTION - Student sits down and journals her feelings

TWO - "Movement, even just a little, clears the fog"

ACTION - Student on a walk on a trail wearing headphones. The sun peeks through the clouds, casting a faint glow

THREE - "Progress, no matter how small, is still progress"

ACTION - Student crosses something out on the To-Do list

Panel 15:

REPEAT SHOTS OF PANEL 2 - Still sitting at the same cafe, but now she's smiling as she flips through her notes. She finally looks relaxed.

CAPTION - Some days are better than others.

Panel 16:

REPEAT OF PANEL 4 - Student walking through campus with a newfound confidence. The sky is still gray.

Panel 17:

WIDE SHOT - The wind and leaves blow around the student.

CAPTION - The clouds don't feel as heavy anymore

Panel 18:

MEDIUM SHOT - The student walks back into her dorm, this time with a smile on her face

Panel 19:

MEDIUM SHOT - The student sits down by her bed. Snow begins to fall as Christmas lights and decorations light up the city. She smiles softly.

CAPTION - November doesn't last forever, and neither does the darkness.